

Rapid Drumset Improvement: Exercise Workbook

Simplified Practice Guidelines – for teachers and students!

Symbol	Meaning
O =	Do not play (rest)
R =	Right hand
L =	Left hand
B =	Both hands or limbs (simultaneously)
F =	Foot (right, left, or both—whichever!)
> =	Accent mark (play loudly)

NOTE: above are the general and most common meanings for each symbol (character). **All** of the notation in Rapid Drumset Improvement can be interpreted **however the teacher or student wishes**. For example, if you play the exercises with B meaning to play the "Bass Drum", you will end up reading the tables as the entire universe of linear phrases between 3 limbs. The purpose is to create rules for yourself on what weaknesses you want to improve upon; you define each character.

Accent (>) mark: when an accent (>) is written above the character B (both hands/limbs), it generally means that you will accent only one of the limbs to create a flam, drag, cheese, etc rudiment. But remember, you can interpret in any manner that excels your development. A useful way to interpret the accent mark for beginners is to play the bass drum with whichever hand pattern is underneath the accent mark.

Binary	Meaning
1 =	Do the action (i.e. - accent, flam, diddle, etc)
0 =	Perform the OPPOSITE of that action (whatever it may be). sometimes it will mean "do not" do an event. (i.e. - do not accent, do not flam, do you play at all, etc)

Basic Practice Procedure: a common procedure for playing the ORLB and binary permutation tables is illustrated after most tables in the form of "description tables". (A description table has the columns entitled "you play" and "you say".) These description tables guide the reader to play each permutation 4 times, 2 times, and then 1 time without stopped—you are being more time-efficient if you play the exercises non-stop! As this is the exercise workbook, you may find the practice procedures, methods of progression, and many other items for rapidly advancing your drumset ability in my private lessons or other book(s) on Rapid Drumset Improvement. Thank you for reading, and please visit <http://www.rgenito.com> for more info! :)